Any Athlete Will Tell You That Injuries Happen

Some break careers. Some spur comebacks. And others prompt course corrections.

Stoll Berne's Keith Ketterling likely falls in that last camp.

A third knee injury and ACL replacement in 2002 seemingly ended his 33-year soccer career and put him on a path to becoming the passionate bicycling enthusiast he is today.

"Initially, I went through a period of depression but cycling then became a key aspect of my rehabilitation, and eventually my new passion. I just got hooked," says Ketterling, who now not only bikes many days to his downtown Portland office from his home in Lake Oswego, but also serves as Cycle Oregon's board vice president.

In this capacity, Ketterling oversees Cycle Oregon's weekend and week rides, taking roughly 2,000 riders each July and September through mostly rural, remote and scenic parts of Oregon. Ketterling also fully supports Cycle Oregon's mission to transform individuals and communities through cycling.

In an effort to create new cyclists in areas where Cycle Oregon travels, Ketterling was instrumental in developing the Cycle Safe Program. Cycle Safe is a kids' education program aimed at developing and supporting young, recreational cyclists by providing bikes to local communities, training local volunteers in a weeklong program to teach young people how to be safe and responsible riders.

"While we give back in many ways to the communities we visit each year, we realized that many of them lacked any type of bicycle education programs," Ketterling says. "Cycle Oregon decided it made sense to expose these communities to bicycle education and the true benefits of cycling, and ultimately, the very essence of Cycle Oregon."

For 2011, Cycle Safe provided 20 bikes and helmets as 31 children (ages 6-18) in the Cottage Grove area completed the weeklong program and learned to ride with traffic and obey traffic signals. The Boys and Girls Club maintained the bikes and has also used the bikes for three different field trips as part of an ongoing mission to keep kids active.

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Ketterling (far left) and Stoll Berne have their own cycling kit – Two & Oak Cycling, named for the firm's location at the corner of 2nd and Oak in Portland



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Cycle Safe as an opportunity to bring cycling to kids in rural Oregon who may not otherwise have such opportunities," Ketterling says. "At Cycle Oregon, we really do believe that individuals and communities can be transformed through cycling - Cycle Safe provides that transformation. Cycle Safe teaches and prepares these children to transform their lives and their communities through cycling."

Ketterling, one of Stoll Berne's managing shareholders, does not reserve his adaptability, passion or ingenuity just for cycling. Fortunately for his clients, he brings it to court too. Ketterling is a trial lawyer who represents institutional and individual investors, and corporations, in securities and financial fraud litigation. He also handles matters involving securities class actions, trade secret and noncompetition litigation, and other complex business litigation.

Some of Ketterling's most rewarding work is representing Oregon as a Special Assistant Attorney General, seeking to recover losses suffered by Oregon PERS and the Oregon College Savings Plan due to financial fraud. For example, Ketterling represented the Oregon State Treasurer and the Oregon College Savings Plan against Oppenheimer Funds for Oregon Securities Law violations. Oregon was the first state to sue for recovery of the losses and the first state to settle and return funds to the plan. Keith worked with the AG and Treasurer to return in excess of \$20 million to the plan.